2023 Hornet Cross Country Calendar Coach Johnson – Cell # - 630-802-7474

Sun	Mon	Tues	Weds	Thurs	Fri	Sat
6	Aug 7 First Day 8 – 10am	8 Practice 8 – 10am	9 Practice 8 – 10am	10 Practice 8 – 10am	11 Practice 8 – 10am @ Waterfall Glenn (Cass Entrance)	Practice 8 – 10am
13	14 Practice 3:30 – 5:30pm	15 Practice 3:30 – 5:30pm	16 Practice 3:30- 5:30pm	17 Practice 3:30 – 5pm	18 Practice 3:30 – 5pm Parent Meeting - 5:00 pm – 5:30pm	Practice – Blackwell Forest Preserve 8 – 10am
20	21 Team Bonding @ Naperville Running Co. 4 – 7pm	22 Practice 3:30 – 5:30pm	23 Practice 3:30–5:30pm	24 Practice 3:30–5:30pm	25 Practice 3:30-5:30pm	26 Practice - WFG 8 – 10am
27	28 MEET Vs. Morton (@ KLM) Bus – 3:20 pm	29 Practice 3:30– 5:30pm	30 Practice 3:30-5:30pm	31 Practice 3:30- 5:30pm	Sept 1 Practice 3:25 – 4:15pm PASTA PARTY	2 St. Ignatius Invite (Lewis University) BUS – 7:00am
3	4 NO SCHOOL No Practice – run on your own.	5 Practice 3:30 – 5:30	6 Practice 3:30- 5:30	7 Marist Invite 4:15 F/S and 5pm Varsity Bus – 2:30pm	8 Practice 3:30- 5:30pm	9 Practice - WFG 8 – 10am
10	11 MEET @ DGS Bus – 3:20 pm	Practice 3:30 – 5:30	13 Practice 3:30 – 5:30	14 Practice 3:30 – 5:30	Practice 3:25 – 4:15 PASTA PARTY HOMECOMING	16 Peoria Invitational BUS – 5:00 am
17	18 MEET @WB Bus – 3:20 pm	19 Practice 3:30 – 5:30	20 Practice 3:30 – 5:30	21 Practice 3:30 – 5:30	Practice 3:30 – 4:15	Practice - WFG 8 – 10am
24	25 MEET Vs. Leyden (@KLM) Bus – 3:20pm	26 Practice 3:30 – 5:30	27 Practice 3:30 – 5:30	28 Practice 3:30 – 5:30	Practice 3:25 – 4:15 PASTA PARTY Home FB	30 Niles West Inv. @ 9:00 am BUS – 7:00 am
Oct 1	2 Practice 3:30 – 5:30	3 Practice 3:30 – 5:30	4 Practice 3:30 – 5:30	5 Practice 3:30 – 5:30	6 Practice 3:30 – 5:00	7 No Practice Run on your own
8	9 No Practice Run on your own	10 Practice 3:30 – 5:30	11 Practice 3:30 - 5:30	Practice 3:30 – 5:30	Practice 3:25 – 4:15 Pasta PASTA PARTY Home FB	14 WSC @ KLM No bus – arrival time TBD

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Sun	Mon	Tues	Weds	Thurs	Fri	Sat
15	Varsity only Practice 3:30 – 5:30	Varsity only Practice 3:30 – 5:30	Varsity only Practice 3:30 – 5:30	Varsity only Practice 3:30 – 5:30	Practice 3:25 – 4:15 PASTA PARTY Home FB	21 IHSA Reg. @ KLM BUS – TBA
22	Varsity only Practice 3:30 – 5:30	Varsity only Practice 3:30 – 5:30	Varsity only Practice 3:30 – 5:30	26 Varsity only Practice 3:30 – 5:30	27 Practice 3:30 – 5:00	28 IHSA Sect. @ Elmwood Park BUS – TBA
29	30 Practice 3:30 – 5:30	31 Practice 3:30 – 5:30	Nov 1 Practice 3:30 – 5:30	2 Practice 3:30 – 5:30	3 Leave for Peoria Practice @ Course	4 IHSA STATE 2A race – 11:00am