

IHSA Class AA Cross Country Regional Championship hosted by Hinsdale Central

October 22, 2005

Varsity

0 Miles

RACE RESULTS

Course record is 0:17:52.0 by Lauren Zumbach of Hinsdale Central H.S. on Sept. 6, 2005

Place	Score	School	Name	Time
1	1	Naperville North	Shannon Phelan (Sr)	0:17:33.5
2	2	Lockport Township	Janna Mitsos (Fr)	0:17:46.4
3	3	Lockport Township	Erin Laskie (So)	0:17:51.4
4	4	Naperville North	Michelle Stratton (Fr)	0:17:56.3
5	5	Hinsdale Central	Lauren Zumbach (Fr)	0:17:57.6
6	6	Neuqua Valley	Amanda Mirochna (Sr)	0:18:08.4
7	7	Lockport Township	Elizabeth Phillips (So)	0:18:09.3
8	8	Hinsdale Central	Roey Hines (Fr)	0:18:10.2
9	9	Naperville North	Elle Metz (So)	0:18:17.4
10	10	Naperville North	Maggie DeBerge (Jr)	0:18:17.8
11	11	Downers Grove North	Veronica Garcia (So)	0:18:23.4
12	12	Neuqua Valley	Emily Hartley (Sr)	0:18:26.0
13	13	Downers Grove South	Nicole Thate (Fr)	0:18:29.6
14	14	Benet Academy	Molly Allen (Fr)	0:18:32.2
15	15	Benet Academy	Katie Dunn (So)	0:18:34.7
16	16	Hinsdale Central	Ashley Soltwisch (Sr)	0:18:38.6
17	17	Downers Grove South	Molly Kelly (Fr)	0:18:42.1
18	18	Naperville North	Marissa Speckmann (Fr)	0:18:43.0
19	19	Lemont	Lauren Dentzman (Sr)	0:18:43.6
20	20	Lemont	Katie Schmidt (So)	0:18:44.1
21	21	Downers Grove North	Erin Walgamuth (So)	0:18:49.4
22	22	Benet Academy	Sarah Clark (So)	0:18:49.7
23	23	Lockport Township	Lindsay Kotovsky (Jr)	0:18:51.9
24	24	Naperville North	Bekah Regenfuss (Sr)	0:19:00.6
25	25	Hinsdale Central	Jenny Laser (Jr)	0:19:02.5
26	26	Neuqua Valley	Sara Hartley (So)	0:19:02.8
27	27	Lemont	Alyssa Sandoval (Sr)	0:19:06.3
28	28	Naperville North	Daphne Tice (Jr)	0:19:07.1
29	29	Benet Academy	Abby Higgins (Jr)	0:19:07.6
30	30	Neuqua Valley	Laura Krist (Sr)	0:19:10.6
31	31	Hinsdale Central	Heather Stevens (Fr)	0:19:11.0
32	32	Lockport Township	Gina Montagno (So)	0:19:11.4
33	33	Naperville Central	Stephanie Zec (Sr)	0:19:14.2
34	34	Downers Grove South	Ashley Muller (Sr)	0:19:14.9
35	35	Benet Academy	Kristin Sellers (Jr)	0:19:15.6
36	36	Downers Grove South	Alyssa Kelly (Jr)	0:19:16.4
37	37	Downers Grove South	Niru Pradhan (Sr)	0:19:17.3
38	38	Naperville Central	Holly DeBuck (Jr)	0:19:19.4
39	39	Hinsdale Central	Gina Kapusta (Jr)	0:19:23.8
40	40	Benet Academy	Kristie Eickhoff (Jr)	0:19:24.6
41	41	Hinsdale Central	Megan Gleason (Sr)	0:19:25.6
42	42	Naperville Central	Megan McCowry (Sr)	0:19:42.0
43	43	Naperville Central	Emily Fischer (Jr)	0:19:42.8
44	44	Naperville Central	Jessica Harney (Fr)	0:19:43.4
45	45	Lockport Township	Lindsey Wyman (Fr)	0:19:45.1

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RACE RESULTS (cont.)

Course record is 0:17:52.0 by Lauren Zumbach of Hinsdale Central H.S. on Sept. 6, 2005

Place	Overall Score	School	Name	Time
46	46	Lemont	Allie Kostas (Fr)	0:19:45.6
47	47	Neuqua Valley	Meagan Hynes (Fr)	0:19:46.0
48	48	Downers Grove North	Anita Maurer (Jr)	0:19:46.3
49	49	Downers Grove South	Riley Marsden (Fr)	0:19:50.5
50	50	Lockport Township	Lauren Wyman (Fr)	0:19:54.4
51	51	Naperville Central	Kathy Gu (Sr)	0:19:55.6
52	52	Downers Grove North	Nicole Eckdahl (Sr)	0:19:59.0
53	53	Hinsdale South	Paige Copeland (So)	0:20:04.9
54	54	Downers Grove North	Jessica Mulcrone (So)	0:20:07.2
55	55	Downers Grove South	Katherine Conner (So)	0:20:09.4
56	56	Benet Academy	Nellie Marchese (Sr)	0:20:10.4
57	57	Naperville Central	Julie Matic (Sr)	0:20:20.8
58	58	Neuqua Valley	Casey Thomson (Fr)	0:20:31.6
59	59	Neuqua Valley	Andrea Pelella (Fr)	0:20:35.3
60	60	Romeoville	Emily Caron (Sr)	0:20:36.3
61	61	Bolingbrook	Erika Koch (Jr)	0:20:37.7
62	62	Lemont	Lisa Smith (Jr)	0:20:42.5
63	63	Romeoville	Mary Caron (So)	0:20:47.5
64	64	Downers Grove North	Kelly Rounce (So)	0:20:48.9
65	65	Lemont	Emily Luzzo (So)	0:20:51.5
66	66	Romeoville	Andrea Bill (Jr)	0:20:51.9
67	67	Hinsdale South	Amanda Gauthier (Fr)	0:20:53.1
68	68	Downers Grove North	Julia McKay (Jr)	0:20:57.9
69	69	Lemont	Amanda Costello (Jr)	0:21:02.6
70	70	Hinsdale South	Lydia Wentland (Jr)	0:21:12.5
71	71	Hinsdale South	Maggie Dayhoff (So)	0:21:25.4
72	72	Bolingbrook	Ashley Elmore (Jr)	0:21:32.2
73	73	Bolingbrook	Traci Kiley (Jr)	0:22:03.5
74	74	Bolingbrook	Joanne Wolf (So)	0:22:10.8
75	75	Bolingbrook	Christina Silva (So)	0:22:15.4
76	76	Hinsdale South	Maddie McGuire (So)	0:22:48.0
77	77	Bolingbrook	Anna Friedl (Fr)	0:22:51.1
78	78	Romeoville	Krissy Kinder (So)	0:23:23.4
79	79	Hinsdale South	Francesca Romo (Fr)	0:23:44.6
80	80	Bolingbrook	Rachel Chapman (Jr)	0:24:02.9
81	81	Romeoville	Jennifer O'Malley (Sr)	0:24:04.5
82	82	Hinsdale South	Izzie Tobin (Jr)	0:24:06.7
83	83	Romeoville	Kristi Carvell (So)	0:26:36.5
84	84	Romeoville	Danielle Hernandez (So)	0:27:01.1

Program (C) 1985-2005 Fred Kreppert, Yorkville, IL (630) 553-7245 fred@kompusport.com
 Results by Kreppert Kompusport Software, Yorkville, IL http://www.kompusport.com

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FINAL TEAM STANDINGS:

Place	School	Score	Scoring Places							
1	Naperville North	42	1,	4,	9,	10,	18,	24,	28	
2	Lockport Township	67	2,	3,	7,	23,	32,	45,	50	
3	Hinsdale Central	85	5,	8,	16,	25,	31,	39,	41	
4	Benet Academy	115	14,	15,	22,	29,	35,	40,	56	
5	Neuqua Valley	121	6,	12,	26,	30,	47,	58,	59	
6	Downers Grove South	137	13,	17,	34,	36,	37,	49,	55	
7	Lemont	174	19,	20,	27,	46,	62,	65,	69	
8	Downers Grove North	186	11,	21,	48,	52,	54,	64,	68	
9	Naperville Central	200	33,	38,	42,	43,	44,	51,	57	
10	Hinsdale South	337	53,	67,	70,	71,	76,	79,	82	
11	Romeoville	348	60,	63,	66,	78,	81,	83,	84	
12	Bolingbrook	355	61,	72,	73,	74,	75,	77,	80	

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TOP FIVE RUNNERS NOT PLACING IN THE TOP FIVE SCHOOLS

Ovral Place	Name	School	Time
11	Veronica Garcia (So)	Downers Grove North	0:18:23.4
13	Nicole Thate (Fr)	Downers Grove South	0:18:29.6
17	Molly Kelly (Fr)	Downers Grove South	0:18:42.1
19	Lauren Dentzman (Sr)	Lemont	0:18:43.6
20	Katie Schmidt (So)	Lemont	0:18:44.1

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2005-2006 IHSA Girls Cross Country Regional Winner Report

Class AA
Held at: Katherine Legge Park, Hinsdale, IL
Local Manager's Name: Tom Schweer
Home Phone: (630) 584-1990

Course Distance: 3.0 Miles

Work Phone: (630) 907-0105

List the names of the runners, their year in school and the overall order they finished in the race with their times. Please do this for all of the five placing teams.

1st Place Team: Naperville North

Head Coach: Dan Iverson

First, Last Name	Year in School	Place	Time
1. Shannon Phelan	Sr	1	0:17:33.5
2. Michelle Stratton	Fr	4	0:17:56.3
3. Elle Metz	So	9	0:18:17.4
4. Maggie DeBerge	Jr	10	0:18:17.8
5. Marissa Speckmann	Fr	18	0:18:43.0
6. Bekah Regenfuss	Sr	24	0:19:00.6
7. Daphne Tice	Jr	28	0:19:07.1
Team Score: 42			

2nd Place Team: Lockport Township

Head Coach: Evon Schlotter

First, Last Name	Year in School	Place	Time
1. Janna Mitsos	Fr	2	0:17:46.4
2. Erin Laskie	So	3	0:17:51.4
3. Elizabeth Phillips	So	7	0:18:09.3
4. Lindsay Kotovsky	Jr	23	0:18:51.9
5. Gina Montagno	So	32	0:19:11.4
6. Lindsey Wyman	Fr	45	0:19:45.1
7. Lauren Wyman	Fr	50	0:19:54.4
Team Score: 67			

3rd Place Team: Hinsdale Central

Head Coach: Mark McCabe

First, Last Name	Year in School	Place	Time
1. Lauren Zumbach	Fr	5	0:17:57.6
2. Roey Hines	Fr	8	0:18:10.2
3. Ashley Soltwisch	Sr	16	0:18:38.6
4. Jenny Laser	Jr	25	0:19:02.5
5. Heather Stevens	Fr	31	0:19:11.0
6. Gina Kapusta	Jr	39	0:19:23.8
7. Megan Gleason	Sr	41	0:19:25.6
Team Score: 85			

2005-2006 IHSA Girls Cross Country Regional Winner Report

Class AA

Held at: Katherine Legge Park, Hinsdale, IL

Course Distance: 3.0 Miles

Local Manager's Name: Tom Schweer

Work Phone: (630) 907-0105

Home Phone: (630) 584-1990

List the names of the runners, their year in school and the overall order they finished in the race with their times. Please do this for all of the five placing teams.

4th Place Team: Benet Academy

Head Coach: Scott Brooks

First, Last Name	Year in School	Place	Time
1. Molly Allen	Fr	14	0:18:32.2
2. Katie Dunn	So	15	0:18:34.7
3. Sarah Clark	So	22	0:18:49.7
4. Abby Higgins	Jr	29	0:19:07.6
5. Kristin Sellers	Jr	35	0:19:15.6
6. Kristie Eickhoff	Jr	40	0:19:24.6
7. Nellie Marchese	Sr	56	0:20:10.4
Team Score: 115			

5th Place Team: Neuqua Valley

Head Coach: Tim McCoskey

First, Last Name	Year in School	Place	Time
1. Amanda Mirochna	Sr	6	0:18:08.4
2. Emily Hartley	Sr	12	0:18:26.0
3. Sara Hartley	So	26	0:19:02.8
4. Laura Krist	Sr	30	0:19:10.6
5. Meagan Hynes	Fr	47	0:19:46.0
6. Casey Thomson	Fr	58	0:20:31.6
7. Andrea Pelella	Fr	59	0:20:35.3
Team Score: 121			

Individual Finishers

List the first five individuals to come through the chute who are not on one of the five winning teams. These five runners will move on to the Sectional Meet to compete as "Individuals At-Large."

First, Last name	School	Year	Place	Time	Coach
1. Veronica Garcia	Downers Grove North	So	11	0:18:23.4	Tim McDonald
2. Nicole Thate	Downers Grove South	Fr	13	0:18:29.6	Mike Arenberg
3. Molly Kelly	Downers Grove South	Fr	17	0:18:42.1	Mike Arenberg
4. Lauren Dentzman	Lemont	Sr	19	0:18:43.6	Time Plotke
5. Katie Schmidt	Lemont	So	20	0:18:44.1	Time Plotke

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Local Manager's Name: Tom Schweer
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Course Distance: 3.0 Miles
Work Phone: (630) 907-0105

Athletes Not Competing On Top 5 Teams

List the names of the athletes, along with their year in school, who did not compete, but are listed on the team Entry Form. Please do this for all of the five placing teams.

1st Place Team: Naperville North

Head Coach: Dan Iverson

First, Last Name	Year in School
1. Brenna DeGan	So
2. Sharon Feltes	So
3. Meghan Garhan	Sr
4. Erica Schertz	So
5. Cindy Wu	Jr

2nd Place Team: Lockport Township

Head Coach: Evon Schlotter

First, Last Name	Year in School
1. Brittany Johnson	Sr
2. Elizabeth Kenney	Jr

3rd Place Team: Hinsdale Central

Head Coach: Mark McCabe

First, Last Name	Year in School
1. Emily Cleary	So
2. Jenny Douglas	Sr
3. Jennie Kuckertz	Sr
4. Kristina Truedson	Sr
5. Sarah Vachlon	Sr

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Local Manager's Name: Tom Schweer

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Course Distance: 3.0 Miles

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Athletes Not Competing On Top 5 Teams

List the names of the athletes, along with their year in school, who did not compete, but are listed on the team Entry Form. Please do this for all of the five placing teams.

4th Place Team: Benet Academy

Head Coach: Scott Brooks

First, Last Name	Year in School
1. Jeanine Bentley	Sr
2. Kelsey Gallo	Fr
3. Kirsten Moran	Fr
4. Nora Nickels	Fr
5. Kaitlin Sandor	Fr

5th Place Team: Neuqua Valley

Head Coach: Tim McCoskey

First, Last Name	Year in School
1. Jen Harkey	So
2. Sara Kammlade	Sr
3. Kristen LaRue	Fr
4. Ashley Majors	Jr
5. Allison Mooney	Fr